

## Contact person

Mr. Chandralekha Trettin-Deb

Dipl.-Sozialarbeiterin, MA Phil. / Psych., MA Islamic History & Culture

## Office / Meeting Point

Witteringstr. 2 / Rüttenscheider Str. 58  
45 130 Essen  
(3<sup>rd</sup>. floor, use the elevator)

## Contact

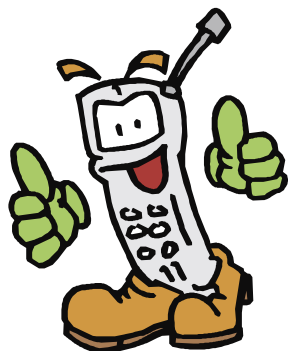
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0201 – 72 91 607

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## You reach us

with Tram line no. 101, 106, 107 and Metro line U 11 up to the station „Rüttenscheider Stern“

- from Hauptbahnhof approx. 5 minutes
- leave the station towards „Folkwang Museum“ (see signboards)
- walk 200 m along „Rüttenscheider Strasse“

The office is located at the corner Witteringstrasse / Rüttenscheider Strasse

- opposite the bio super market „denns“
- above the hair dresser „Babylon“

**Verein zur interkulturellen Beratung und Betreuung im Gesundheitsbereich von Essen und dem Ruhrgebiet e.V.**

### Postal address (Main office)

ViBB Essen e.V.  
Eleonorastr. 32, 45 136 Essen

### Bank

GLS Gemeinschaftsbank eG Bochum  
BLZ: 430 609 67  
Konto-Nr.: 4021 3385 00  
Tax Office No.: 112/5742/1195

### Membership

Dt. Paritätischer Wohlfahrtsverband (NRW)  
Essener Verbund der Immigrantenvereine

### Cooperation with

Psychosoziale AG der Stadt Essen (AK 1)  
AK Selbsthilfe & Migration (Stadt Essen)  
FAK Sozialpsychiatrie (DPWV NRW)  
FAK Migration (DPWV NRW)

# VIBB Essen e.V.



## Information Centre

### *Mental Health*

## for Migrants

## in the city of Essen

## We address ...

... citizens of our city of Essen who are in search for consultancy in regard to mental stress and mental health problems.

We provide ...

- Information und counselling on the opportunities related to diagnosis and therapy of mental stress and diseases
- Information and counselling on the offers provided by the three municipal Centres of Social Psychiatry (SPZ) in the city of Essen
- Contacts to hospitals, ambulances with medical specialists, therapists and nursing services
- Information und counselling related to the work of trustees / legal guardians (legal regulations and opportunities for handicapped people)
- Information on opportunities provided by the public social welfare system
- Information und counselling on immigration laws and related rules & regulations
- Contacts to partner organizations in the area of immigration, work & study permission
- Contacts to local migrant organizations (sports, culture, family activities)

## Our team ...

... is multicultural und multiprofessional

... consist of qualified persons who have personal migration background

... posses professional experience in the fields of medical social works, psychological and intercultural counselling.

## Consultation ...

... is offered on weekdays between 10 a.m. and 12a.m. as well as on individual appointment:

- Monday: Turkish / Kurdish
- Tuesday: Russian
- Wednesday: Polish
- Thursday: English / Urdu - Hindi
- Fryday: Arabic / French
- Daily: German

... is offered in other languages on individual appointment, for example:

- Serbian / Croatian
- Spanish
- Greek
- Portuguese
- Farsi (Persian)
- Tamil
- Lingala

## We offer ....

... a good cup of tea / coffee and cookies as well as the opportunity to meet people and to talk with each other.

## The information centre receives support ...

... from the Essen municipality, i.e. a sponsorship based on the cities „Concept for multicultural activities“ (IKK).



ViBB Essen e.V. cooperates with the three municipal Centres of Social Psychiatry (SPZ) as well as with other relevant organizations of the public health system in the city of Essen.

ViBB Essen e.V. receives support from the regional social welfare agency LVR (Landschaftsverband Rheinland) for the purpose of providing ambulant assistance for handicapped people.



ViBB Essen e.V. is a member organization of the nationwide operating welfare organization "Der Paritätische".

